

## STARTERS

**Onion Bhaji** (Classic onion fritters)  **£3.95**  
**Haryali Chicken Tikka**  **£4.50**

Marinated in yogurt, mint, coriander & green chilli cooked in the tandoor.

**Aloo Chat**  **£3.95**

A delicious blend of diced, cooked potatoes, fresh tomatoes and cucumbers marinated in spices.

**Prawn Cocktail** **£4.95**

**Samosa** (Vegetable, chicken or meat) **£3.95**

Fillo pastry filled with seasonal vegetables or spicy mince meat.

**£4.50** **£4.95** **£5.95**

**Chicken Tikka** **Lamb Tikka** **Duck Tikka**

Boneless chicken, lamb or duck marinated in yogurt, spices, garlic, green chilli & fresh coriander, cooked in the charcoal tandoor.

**Sheek Kebab** (Minced lamb) **£4.95**

With fresh herbs & variety of aromatic spices, onion & peppers.

**Assorted Indian** **£5.50**

Chicken tikka, sheek kebab, onion bhaji.

**Malai Lamb Chops** **£6.50**

Lamb chops in a marinade of home-made cream cheese & spices.

**Shahi King Prawns** (2 pc) **£8.50**

Marinated with fresh green herbs & spices, cooked in tandoor with tomato & pepper.

**King Prawn Poori** **£8.50**

**Prawn Poori** **£6.95**

North Indian style prawns wrapped in a poori.

**King Prawn Butterfly** **£5.50**

## FISH STARTERS

**Fish Kebab** **£4.95**

**Salmon Tikka** (With peppers, onions & tomato) **£6.50**

## LEGENDS

Fairly Hot  Hot  Very Hot  Spicy 

**DISHES CAN BE MADE Milder OR HOTTER ACCORDING TO TASTE**

Traces of Nuts  Suitable for Vegetarians 

## TANDOORI SPECIALITIES

Served with salad and mint sauce.

**£8.95** **£9.95** **£11.50**

**Chicken Tikka** **Lamb Tikka** **Duck Tikka**

Boneless chicken, lamb or duck marinated in yogurt, spices, garlic, green chilli & fresh coriander, cooked in the charcoal tandoor.

**Tandoori Chicken** (On the bone) **£8.95**

Half tender chicken marinated in yogurt & spices.

**Shashlick** **£10.50**

Chicken or lamb, peppers, onion & tomatoes grilled in tandoor.

**Moducash Chicken or Lamb**  **£9.95**

Delicately mild, cooked with cashew nuts & honey.

**Malai Lamb Chops** **£11.95**

Tender lamb in a marinade of homemade cream cheese & spices.

**Mixed Grill** (Served with salad) **£12.95**

Chicken & lamb tikka, tandoori chicken, sheek kebab & nan.

**Nawabi Tandoor Chicken** (Sweet, sour & hot)  **£9.95**

Delicately spiced chicken off the bone in green chilli, rainbow of peppers finished with sweet chilli sauce and lime juice.

**Paneer Shashlick**  **£10.50**

Pieces of cheese marinated in freshly ground aromatic herbs and spices, barbecued with onions, capsicums and tomatoes.

**Ajwani Salmon** **£13.95**

Ajwani (carom seeds) flavoured salmon, chargrilled in the tandoor.

**Tandoori King Prawn** (4 pc) **£15.95**

Marinated with fresh green herbs & spices, cooked in tandoor.

**Tandoori Seabass** (As available) **£13.95**

Marinated with fresh herbs, peppers, onions & tomatoes grilled in the tandoor.

## FISH SPECIALITIES

All fish dishes are prepared in Zara's own fish sauce.

**Salmon Peri Peri** (As available)  **£12.95**

Cooked bhuna style. Medium hot.

**Fish Special** (Bangladeshi white tilapia fish) **£10.95**

Cooked with onion, mustard, garlic and 10 different spices - full of flavour (medium).

## HOUSE SPECIALITIES

**Tikka Masala Chicken or Lamb**  **£9.25** **Chicken Jaipuri** **£9.95**

National dish that needs no introduction.

Authentic mogul dish cooked using 8 different fresh ingredients and spices. Own recipe (mild).

**Pasanda Chicken or Lamb**  **£9.25** **Chicken Al Badami**  **£9.95**

Mild dish prepared with almond, pistachio and cream.

Favourite dish of emperor Babor. Mango flavoured curry, cooked with nuts, spices, herbs and finished with cream. (Mild)

**Kurzi Lamb** **£12.95** **Chettinad Chicken or Lamb**   **£9.95**

Lamb shank covered with minced lamb and baby potatoes.

Cooked in a hot sauce with ginger, garlic, coconut & aromatic dried spices. A delicacy of the chettinad region of Tamil Nadu state in South India.

**Goan Lamb Shank** **£12.95** **Kali Mirch Masala** (Chicken or Lamb)   **£9.95**

A supreme cut given the traditional goan treatment, full of flavour, cooked with tomatoes and coriander.

Cooked with ground black pepper, fresh green peppers, sliced onions garnished with oyster sauce.

**Wild Duck Breast** **£11.95** **Paneer Makni** (Indian cheese) **£9.95**

A succulent breast of roast barbury duck in rich masala of tomato and mango.

Simmered in ginger, garlic, fenugreek, flavoured in tomato, in a creamy sauce.

**Lamb Chop Special** **£12.95** **Paneer Peppers** **£9.95**

Tandoori lamb chop cooked in goan sauce, hot and spicy.

A dry dish using fresh peppers mixed with our distinctive masala (spices) cooked before paneer is added.

**Jall Masala Chicken or Lamb**   **£9.25** **Baingan Masala** **£8.50**

**King Prawn**   **£12.95**

Our unique masala cooked with green chilli.

A dry dish which includes sliced aubergine cooked in a karahi added with herbs and spices to boot.

**Pathila Chicken or Lamb**  **£9.25** **Chana Aloo** **£8.50**

**Pathila; King Prawn or Duck**  **£12.95**

Well spiced, marinated with our fresh ground spice and cooked in medium juicy thick sauce in the pathil with garlic and tamarind.

Fresh farm potatoes cut into bite size portion, added to our special Madras style chick peas curry.

**Chicken or Lamb Tikka Rezala**  **£9.25** **Aloo Baingan** (Aubergine and potato) **£8.50**

Cooked with onion, peppers & tomatoes, bhuna style.

Our own spices added to chicken mince for that distinctive Punjabi taste, rolled into finger length kebab & cooked in a thick cream curry sauce.

**Jinga Korai Marachi** (King prawn) **£12.95** **Chicken Kebab Masala** **£9.95**

Cooked with ginger, garlic and tomato.

Current fish of the week marinated overnight using tandoori spice mixture before being cooked in rich curry sauce.

**Lamb Guarka** (Nepalese dish)  **£9.95** **Fish Masala Curry** **£10.95**

Cooked using 10 different fresh ingredients & spices.

A medium dish made with own recipe.

## KORAH

A dish well known in the valley of Indua. Made with cubes of onion, green pepper, tomatoes, coriander, medium spice in thick sauce.

**Tikka Chicken or Lamb** **£9.50**

**Prawn** **£11.95**

**King Prawn** **£12.95**

**Vegetable & Mushroom**  **£7.95**

## BENGALI JALFREZI

A dish founded by the people of Bengal. Cooked with sliced onion, green pepper & green chillies, fresh coriander. Fairly hot in thick sauce.

**Tikka Chicken or Lamb** **£9.50**

**Prawn** **£11.95**

**King Prawn** **£12.95**

**Vegetable & Mushroom**  **£7.95**

**Fish** **£12.95**

## BALTI SPECIALITIES

Highly recommended by the chef. These are spice dishes, individually prepared with fresh ingredients and thoroughly blended mixtures of authentic spices. Balties are cooked in a balti pan - a fascinating utensil - which locks in the aromatic flavour. Served with nan bread.

**Chicken or Lamb** **£11.95**

**Tikka Chicken or Lamb** **£12.95**

**Prawn** **£11.95**

**King Prawn** **£13.95**

**Vegetable & Mushroom**  **£9.95**

## ZARA PARTY SPECIAL

24 hours notice required.

**Kurzi Lamb** (Serves 4. Whole leg of lamb) **£79.95**

**Kurzi Murgh** (Serves 2. Whole chicken) **£49.95**

## TRADITIONAL DISHES

	VEG 	CHICKEN	LAMB	PRAWN	KING PRAWN
<b>Korma</b> 	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Bhuna</b>	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Rogon Josh</b>	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Sagwala</b>	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Madras</b>  	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Curries</b>	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Vindaloo</b>   	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Pathia</b> 	£7.50	£8.50	£9.25	£9.95	£12.95
<b>Dhansak</b> 	£7.50	£8.50	£9.25	£9.95	£12.95

ALL THE ABOVE DISHES CAN BE PREPARED WITH CHICKEN OR LAMB TIKKA FOR AN EXTRA £1.00

## BIRYANI

Consists of basmati rice, fried, mixed with spices & herbs, garnished with sultanas & almonds. Served with a vegetable curry.

Chicken or Lamb	£11.95
Prawn	£12.95
King Prawn	£13.95
Vegetable 	£9.95
Zara Biryani	£13.95

## VEGETABLE SIDE DISHES

All of these dishes are cooked in low-cholesterol vegetable oil & with finely chopped onions, green pepper, with medium spice.

Vegetable Curry (In medium spices with gravy)	£3.95
Mushroom Bhajee	£3.95
Bombay Aloo (Potatoes)	£3.95
Cauliflower Bhajee	£3.95
Aloo Gobi (Potatoes and cauliflower)	£3.95
Bhindi Bhajee (Okra)	£4.95
Brinjal Bhajee (Aubergine)	£4.95
Chana Masala (Chick peas)	£3.95
Saag Bhajee (Fresh spinach)	£3.95
Saag Paneer 	£4.95
Matar Paneer 	£4.95
Homemade cheese with peas, mild.	
Saag Aloo (Spinach and potato)	£3.95
Tarka Dall (Lentil flavoured with garlic)	£3.95
Dall Masala	£3.95
Lentils cooked in medium bhuna spice.	
Begun Tomato	£4.95
Aubergine cooked with tomato in a very thick medium sauce (recommended by our chef, a companion for most tandoori dishes).	

## SUNDRIES

Nan (Leavened bread)	£2.95
Peshwari Nan (Prepared with oriental nuts & fruits)	£3.50
Stuffed Nan	£3.50
Stuffed with spices, mashed potato and vegetables.	
Keema Nan (Stuffed with minced meat)	£3.50
Garlic Nan	£3.50
Paratha 	£3.50
A bread made from brown wheat and shallow fried.	
Stuffed Paratha (Stuffed with vegetables) 	£3.95
Chapati (Soft thin Indian baked bread) 	£2.25
Puri (Thin fried bread) 	£2.25
Raitha (Onion or cucumber)	£2.25
Chips	£3.95
Green Salad	£2.95
Papadom (Plain or spicy)	£0.80
Chutney (Per dip)	£0.80
Indian Salad 	£2.95
Onion, cucumber, tomato and green chillies.	

## RICE DISHES

Zara Special Rice (Mince lamb & prawn)	£6.50
Mushroom Fried Rice (Cooked with basmati rice)	£3.95
Special Fried Rice	£3.95
Cooked with egg, peas and basmati rice.	
Lime Fried Rice (With chick peas)	£3.95
Onion Fried Rice	£3.95
Pilau Rice	£2.95
Basmati rice cooked with saffron, dairy products & aromatic spices.	
Boiled Rice	£2.95

*Most of our dishes are prepared from fresh local produce, low fat natural ingredients which contains low cholesterol.*

*Fresh herbs & spice to give unique flavour and texture.*

Most of our dishes are ghee & gluten free.

Spices blended in house to provide the aroma & add extra flavour to your taste buds!

“..top class.. Zara comes high on the list.. they just taste that bit better than the rest.. top-notch food on offer..”

Sian Townsend  
(Eating Out)

### PLEASE NOTE

1. If the dish you require is not listed we will gladly prepare it specially for you.
2. If you have any dietary restrictions, eg, nuts, dairy products etc, please inform us.
3. Take-away orders are packaged in special hygienic catering containers with care and ample portions.
4. Online reservation system available, visit our website for more information.
5. Ample parking facilities
6. Management reserves the right to refuse service

D&P: mrprinters.co.uk | 020 8507 3000

RESTAURANT • TAKE AWAY  
SPECIALISING IN OUTSIDE  
CATERING FOR ALL YOUR NEEDS

OPENING HOURS:

Lunch  
Bookings only

Evening

Mon - Thu 5:00pm - 10:30pm  
Fri & Sat 5:00pm - 11:00pm  
Sun 5:00pm - 10:00pm

Sunday A La Carte

12:00pm - 3:30pm

Open 7 days a week  
Including Bank Holidays

*...our restaurants have become the destination for seekers of quality Indian food served by friendly and attentive staff... enjoy your stay with Zara!*



INDIAN CUISINE

Royal Oak, Chelmsford Road, Woodham Mortimer, Essex CM9 6TJ  
NEAR DANBURY

T: 01245 223186 / 222159

info@zaradanbury.com | www.zaradanbury.com

SUNDAY  
A LA CARTE

Every Sunday 12 noon - 3.30pm

Providing an extensive mixture of Authentic Indian dishes that change every week to keep your choices and taste buds constantly flowing

£10.95 per person £6.95 child under 12

Award Winner  
BRITISH  
Curry Awards

Enquire about our NEW  
theme nights!